

**Kittson Memorial Healthcare Center**  
**Community Health Needs Assessment**  
**IMPLEMENTATION PLAN**  
**August 2013**

***"Caring for family and friends, Kittson Memorial Healthcare Center provides and cooperates with others to ensure area residents have access to services necessary to maintain their health and well-being."***

## Kittson Memorial Healthcare Center's 2013 Community Health Needs Assessment Implementation Plan

Kittson Memorial Healthcare Center (KMHC) conducted a Community Health Needs Assessment to determine what the residents of its service area felt were opportunities for improving health and healthy living in the KMHC community.

As a result of this assessment, there was a consensus of concern for the continuation of emergency room, dental, retail pharmacy, and optometry services. Secondly, it was felt that a study should be conducted of unmet senior citizen needs that if addressed would allow for extended "aging in place". Third, there was agreement that residents both adults and youth need more information to promote healthier eating habits; knowledge of the effects of overuse of alcohol; the health consequences of tobacco usage; the warning signs of cancer and heart disease; and the further promotion of the importance of vehicle seat belt usage.

Though a variety of other needs were identified, the community recognized that it had limited resources and capacity and wanted to set realistic and achievable goals. The following provides an outline of what Kittson Memorial will do to address the results of this Community Health Needs Assessment:

<b><u>AREA TO BE ADDRESSED</u></b>	<b><u>ACTIVITY TO BE CONDUCTED</u></b>	<b><u>TIMEFRAME</u></b>	<b><u>RESPONSIBLE PARTY</u></b>
<b>Continuation of emergency room, dental, retail pharmacy, and optometry services</b>	Perform an assessment with the responsible parties involved with these services to determine if any are in danger of being discontinued, and if so, possible options to preserve vital services	Fall of 2014	<b><u>Kittson Memorial's CEO</u></b> with involvement by community leaders and business people
<b>Unmet needs of senior citizens</b>	Conduct a study of currently available services and determine what additional services seniors need to better "age in place." Perform a feasibility study of any potential new service(s).	Summer of 2015	<b><u>Director of Outpatient Services</u></b> with involvement of senior citizens, clergy, community leaders
<b><u>Promotion of healthier behaviors/lifestyles as related to the following:</u></b>			
<b>*Nutrition</b>	Provide the public (adults/youths) with nutrition information to reduce excessive weight and promote improved physical health. Various forums and methods will be utilized to disseminate information.	Start winter of 2014, and ongoing	<b><u>Kittson Memorial's dietary technician in coordination with consulting dietitian;</u></b> Kittson Memorial's Community Nurse
<b>*Alcohol and tobacco usage</b>	Provide information to appropriate targeted groups regarding alcohol and tobacco	Start winter of 2014, and ongoing	<b><u>Kittson Memorial's Community Nurse</u></b>

	use and associated health consequences.		
<b>*Cancer and heart disease</b>	Disseminate information to the public on signs and symptoms of cancer and heart disease and provide clinic patients with self assessment form.	Start fall of 2014, and ongoing	<b><u>Kittson Memorial's Community Nurse</u></b> and clinic personnel
<b>*Prevention of vehicle related injuries</b>	Assemble vehicle safety information, specifically related to seat belt usage, and disseminate to both adults and to youth.	Start summer of 2014	<b><u>Kittson Memorial's Community Nurse</u></b> in concert with law enforcement